

## Miscellaneous

# Individually Quick Frozen Raw Chicken Parts



Brand: Elmira  
Category: 9-MISC  
IFDA Category: Poultry  
IFDA Class: Chicken Breasts, Frozen  
Suggested Serving: 1 Piece

### Features & Benefits

- Easy to handle - use only what you need
- Superior taste
- Control cost per serving - labour and time saving
- Versatile

### Recommended Usage

From Gourmet to Fast Food restaurants, the versatility of IQF chicken parts make them a must for all kitchens! Serve them in a variety of ways as an entrée, fried, baked or in an ethnic dish.

### Cooking Instructions

Oven: Preheat oven to 375F, from frozen, bake for 35-40 minutes or until cooked through, turning once during cooking.  
Grill: From frozen, grill on medium heat for 30 minutes or until cooked through, turning frequently

Poultry must reach a minimum internal temperature of 170°F (71°C)  
Perishable KEEP FROZEN Store at or below 0°F (-18°C)

**Elmira Poultry offers you a wide range of raw chicken pieces ready to cook from the freezer. Chefs no longer have to purchase whole birds.**

**They now have the convenience of using pieces of choice as required for their signature menu items.**

## Product & Nutritional Information

| Product Code | Product Description | Portions / Case | Av Servings / Case | Nutritional Analysis per 100g |         |        |       |             |        |           |
|--------------|---------------------|-----------------|--------------------|-------------------------------|---------|--------|-------|-------------|--------|-----------|
|              |                     |                 |                    | Energy                        | Protein | Fat    | Carbs | Cholesterol | Sodium | Potassium |
| 1-10-9115    | 8oz SPLIT BREAST    | 16-18           | 17                 | 156 Cal                       | 15 g    | 10.0 g | 1.2 g | 42 mg       | 405 mg | 146 mg    |
| 1-10-9125    | 8oz CHICKEN LEGS    | 16-18           | 17                 | 166 Cal                       | 14 g    | 12.5 g | 0.1 g | 73 mg       | 358 mg | 130 mg    |

## Packaging Information

| Product Code | Case Wt (kg's) |      | SCC-14            | Case Dimensions (cm) |       |        | Cubic m | Pallet |      |       |
|--------------|----------------|------|-------------------|----------------------|-------|--------|---------|--------|------|-------|
|              | Gross          | Net  |                   | Length               | Width | Height |         | Tie    | High | Total |
| 1-10-9115    | 4.32           | 4.00 | 007-71652-50380-4 | 40.2                 | 24.9  | 12.7   | 0.013   | 10     | 12   | 120   |
| 1-10-9125    | 4.32           | 4.00 | 007-71652-50390-3 | 40.2                 | 24.9  | 12.7   | 0.013   | 10     | 12   | 120   |

INGREDIENTS: Chicken, water, salt



PUTTING POULTRY ON EVERY PLATE

WWW.ELMIRAPOULTRY.COM 1-800-663-5694 or email general@elmirapoultry.com