

## Miscellaneous

# Individually Quick Frozen Raw Chicken Parts



Brand: Elmira  
Category: 9-MISC  
IFDA Category: Poultry  
IFDA Class: Chicken Breasts, Frozen  
Suggested Serving: 1 Piece

### Features & Benefits

- Easy to handle - use only what you need
- Superior taste
- Control cost per serving - labour and time saving
- Versatile

### Recommended Usage

From Gourmet to Fast Food restaurants, the versatility of IQF chicken parts make them a must for all kitchens! Serve them in a variety of ways as an entrée, fried, baked or in an ethnic dish.

### Cooking Instructions

Oven: Preheat oven to 375F, from frozen, bake for 35-40 minutes or until cooked through, turning once during cooking.  
Grill: From frozen, grill on medium heat for 30 minutes or until cooked through, turning frequently

Poultry must reach a minimum internal temperature of 170°F (71°C)  
Perishable KEEP FROZEN Store at or below 0°F (-18°C)

**Elmira Poultry offers you a wide range of raw chicken pieces ready to cook from the freezer. Chefs no longer have to purchase whole birds.**

**They now have the convenience of using pieces of choice as required for their signature menu items.**

## Product & Nutritional Information

Product Code	Product Description	Portions / Case	Av Servings / Case	Nutritional Analysis per 100g						
				Energy	Protein	Fat	Carbs	Cholesterol	Sodium	Potassium
1-10-9115	8oz SPLIT BREAST	16-18	17	156 Cal	15 g	10.0 g	1.2 g	42 mg	405 mg	146 mg
1-10-9125	8oz CHICKEN LEGS	16-18	17	166 Cal	14 g	12.5 g	0.1 g	73 mg	358 mg	130 mg

## Packaging Information

Product Code	Case Wt (kg's)		SCC-14	Case Dimensions (cm)			Cubic m	Pallet		
	Gross	Net		Length	Width	Height		Tie	High	Total
1-10-9115	4.32	4.00	007-71652-50380-4	40.2	24.9	12.7	0.013	10	12	120
1-10-9125	4.32	4.00	007-71652-50390-3	40.2	24.9	12.7	0.013	10	12	120

INGREDIENTS: Chicken, water, salt



PUTTING POULTRY ON EVERY PLATE

WWW.ELMIRAPOULTRY.COM 1-800-663-5694 or email general@elmirapoultry.com