

## Breaded products

# Breaded Whole Muscle Chicken Fillets



Brand: Elmira  
 Category: 2-BRD  
 IFDA Category: Poultry  
 IFDA Class: Chicken, Breaded, Frozen  
 Suggested Serving: 4 Pieces

### Features & Benefits

- 100% Natural Chicken Tenderloin
- Individually frozen - Use only what you need!
- Menu versatility - we have the fillet to fit any menu
- Contains NO MSG or milk ingredients, Par Fried

### Recommended Usage

A standard for any menu, with Elmira Poultry's quality and variety we definitely have the fillets for your application!

**Made from 100% tenderloin, Elmira Poultry chicken fillets are ideal for a range of menu items. Serve them as an entrée, with or without sauce, with a salad or vegetables, in a sandwich or as part of a combo dish.**

### Cooking Instructions

Oven: Preheat oven to 425F and cook for 18-20 minutes or until cooked, turning once during cooking. Deep Fry: Deep fry at 360F for approximately 3 minutes, or until cooked.

Poultry must reach a minimum internal temperature of 170°F (71°C)  
 Perishable KEEP FROZEN Store at or below 0°F (-18°C)

### Product & Nutritional Information

Product Code	Product Description	Portions / Case	Av Servings / Case	Nutritional Analysis per 100g						
				Energy	Protein	Fat	Carbs	Cholesterol	Sodium	Potassium
1-10-2405	REGULAR FILLET	80-100	22.5	204 Cal	14 g	8.5 g	18.1 g	18 mg	403 mg	201 mg
1-10-2410	LITE 'N SPICY FILLET	80-100	22.5	198 Cal	14 g	7.0 g	15.3 g	30 mg	386 mg	152 mg
1-10-2415	SELECT FILLET	80-100	22.5	189 Cal	13 g	7.1 g	18.5 g	18 mg	423 mg	178 mg

### Packaging Information

Product Code	Case Wt (kg's)		SCC-14	Case Dimensions (cm)			Cubic m	Pallet		
	Gross	Net		Length	Width	Height		Tie	High	Total
1-10-2405	4.32	4.00	007-71652-50085-8	40.2	24.9	14.9	0.015	10	10	100
1-10-2410	4.32	4.00	007-71652-50090-2	40.2	24.9	14.9	0.015	10	10	100
1-10-2415	4.32	4.00	007-71652-50095-7	40.2	24.9	14.9	0.015	10	10	100

**INGREDIENTS** 1-10-2405 Chicken, water, soya concentrate. In a batter and breading of: yellow corn flour, modified corn starch, corn starch, wheat flour, toasted wheat crumbs with spices [wheat flour, baking powder, vegetable oil shortening (soybean), salt, dextrose, guar gum, yeast, spices]. Browned in vegetable oil

**INGREDIENTS** 1-10-2410 Chicken, water, soya concentrate, salt. In a batter and breading of: wheat flour, salt, spices, toasted wheat crumbs [wheat flour, dextrose, yeast, partially hydrogenated vegetable oil (soybean and/or palm), spices]. Browned in vegetable oil

**INGREDIENTS** 1-10-2415 Chicken, water, soya concentrate. In a batter and breading of: toasted wheat crumbs, water, wheat flour, yellow corn flour, cornstarch, whey powder, salt, spices, dextrose, onion powder, guar gum. Browned in vegetable oil