

Breaded products



Breaded Whole Muscle BalanceWise Fillet w/Flax



Brand: Elmira
 Category: 2-BRD
 IFDA Category: Poultry
 IFDA Class: Chicken, Breaded, Frozen
 Suggested Serving: 4 Pieces

Features & Benefits

- 100% Natural Chicken Tenderloin
- Made with Fibre
- Trans Fat Free Product
- Individually frozen - Use only what you need!

Recommended Usage

Great item for Healthcare, School Cafeteria, Day Care... users who are looking for healthier alternatives!

This whole muscle chicken fillet uses a coating that combines ground and whole flaxseeds. This Fillet provides a source of Omega 3 Fatty Acids

Cooking Instructions

Oven: Preheat oven to 425F and cook for 18-20 minutes or until cooked, turning once during cooking. Deep Fry: Deep fry at 360F for approximately 3 minutes, or until cooked.

Poultry must reach a minimum internal temperature of 170°F (71°C)
 Perishable KEEP FROZEN Store at or below 0°F (-18°C)

Product & Nutritional Information

Product Code	Product Description	Portions / Case	Av Servings / Case	Nutritional Analysis per 100g						
				Energy	Protein	Fat	Carbs	Cholesterol	Sodium	Potassium
1-10-2425	BalanceWise FILLET w/F	80-100	22.5	160 Cal	16 g	8.0 g	12.0 g	30 mg	380 mg	

Packaging Information

Product Code	Case Wt (kg's)		SCC-14	Case Dimensions (cm)			Cubic m	Pallet		
	Gross	Net		Length	Width	Height		Tie	High	Total
1-10-2425	4.00	4.00	007-71652-52465-6	40.2	24.9	14.9	0.015	10	10	100

INGREDIENTS: Chicken, water, soya flour, toasted wheat crumbs, wheat flour, salt, flax powder, potato starch, isolated soy protein, spices, wheat gluten, powdered egg albumin, flaxseed, modified cellulose, sunflower oil, sodium bicarbonate, sodium acid pyrophosphate, xanthan gum, sunflower oil, calcium silicate.



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